









**CINNAMON BAR** TEXAS DEPARTMENT OF AGRICULTURE PICADILLO W/TOSTADAS PINTO BEANS SPANISH RICE CHOPPED SALAD MINI PANCAKES **BEAN & CHEESE GORDITA** SEASON CORN SHREDDED SALAD BREAKFAST WRAP



## WHOLE GRAIN

Menu Subject to Change Fresh Fruit & Milk Served Daily

SEASON CORN

COLESLAW

BAKED CHICKEN

W/ROLL

MIXED VEGGIES

**BBQ BEANS** 

WHOLE GRAIN

**CONCHA** 

HAMBURGER

POTATO WEDGES

**BURGER SALAD** 

MINI WAFFLES

**CHICKEN BURGER** 

**BURGER SALAD** 

FRIES

19

26

**TACOS** 

REFRIED PINTO

**BEANS** 

SHREDDED SALAD

CEREAL

CHICKEN TAMALE

**CHOPPED SALAD** 

**REFRIED PINTO** 

**BEANS** 

20

BREAKFAST PIZZA 13

**BEAN & CHEESE** BANANA BREAD **BURRITO** BBO SANDWICH

**PIZZA** FRESH BROCCOLI **CUCUMBERS** 

14 **Parent Teacher** Conference

NO SCHOOL

21 STRAWBERRY BOLI

STIR-FRY CHICKEN ASIAN RICE MIXED VEGGIES **CUCUMBERS** 

EGG, CHEESE, & 28 **BACON BURRITO** 

PIZZA BROCCOLI **CELERY & CARROT**  WHOLE GRAIN **MARRANITO** 

**CHICKEN TENDERS** W/ROLL MIXED VEGGIES MASHED POTATOES

> EGG & CHEESE **ENGLISH MUFFIN**

**CORN DOG** POTATO WEDGES FRESH BABY CARROTS

APPLE BREAKFAST 15 BITES

CHICKEN NUGGETS W/ROLL TATER TOTS **CUCUMBERS** 

FRENCH TOAST 22

POPCORN CHICKEN W/ROLL MASHED POTATOES W/GRAVY **PEAS & CARROTS** 

29 WHOLE GRAIN TARTS

POZOLE W/ ROLL CABBAGE/ RADISH **JICAMA** 

MENUDO W/ROLL

MEATBALLS W/ROLL SEASON CORN STEAMED BROCCOLI

**FRUDEL** 

**BEEF FINGERS** STEAMED VEGGIES MASHED POTATOES **GRAVY** 

SPICE BREAD

GRILLED CHEESE **SANDWICH BABY CARROTS POTATO WEDGES** 

> 23 SB & JELLY SANDWICH

SPAGHETTI W/SAUCE SEASON CORN **JICAMA** 





NATIONAL SCHOOL BREAKFAST & LUNCH PROGRAMS

FOOD 8 NUTRITIONAL DIVISION

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K – 8<sup>TH</sup>
Alternative Menu
Served Daily

How many words can you make from the grid? All letters in the word must connect, and you can't use the same tile twice in one word.

TOUGH DOWN!!

**Child Nutrition** 

Department

Football related words earn 2x the points!

4 letter words = 1pt. 5 letter words = 2pts.

6 letter words = 3pt. 7 letter words = 5pts. 8 letter words = 11pts. Monday - Thursday
DELI SANDWICH
DAILY SIDE SALAD

 W
 O
 F
 K
 K

 N
 D
 I
 C
 P

 S
 L
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